

JEMDSA

Journal of Endocrinology, Metabolism and Diabetes of South Africa

JEMDSA 2025 Volume 30 Number 3

Please answer the following questionnaire online.

SEMDSA and other Society members:

1. Visit our new CPD portal at <https://www.mpconsulting.co.za/>
2. Create a new account and set your CPD requirements.
3. Not a new user? You may have been registered with the following details: username: e-mail address and password: MP+0+6digits (e.g. MP0123456). All records from the previous system have now been moved to the new platform.
4. For CPD assistance please phone 086 1111 335

1. How many deaths could be attributed to non-communicable diseases in the Africa region in 2021?

- a. 1.1 million
- b. 2.1 million
- c. 3.1 million
- d. 4.1 million

2. The human immunodeficiency virus (type 1) itself can potentially cause diabetes.

- a. True
- b. False

3. What percentage of the general population have hypothyroidism?

- a. 1–5%
- b. 5–10%
- c. 10–15%
- d. 15–20%

4. The incidence of minor foot amputations is not significantly increased in people with diabetes when compared to those without diabetes

- a. True
- b. False

5. What is the gold standard for the initial diagnosis of solitary thyroid nodules?

- a. Incisional biopsy
- b. Punch biopsy
- c. Fine needle aspiration
- d. Core needle biopsy