

Recurrence of hepatocellular carcinoma after liver transplantation: Isolated splenic metastasis

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Summary

Despite strict selection criteria for transplantation, relapse of disease after transplantation is observed. With the improvement in survival following treatment and advances in patient monitoring and management, extrahepatic metastases have gained increasing clinical significance. Extrahepatic hepatocellular carcinoma (HCC) recurrences are usually observed in the lungs, lymph nodes, bones, and adrenal glands. The spleen has been reported rarely as a metastatic site of HCC. There is no consensus for the management of HCC recurrence after liver transplantation. Surgical resection is usually the first choice of treatment because curative-intent treatments have better survival. In this case report, we will share a rare splenic recurrence in a patient who underwent liver transplantation due to HCC.

Keywords: hepatocellular carcinoma, splenic metastasis, liver transplantation

Case report

A 66-year-old male patient with hepatitis C virus ribonucleic acid (HCV-RNA) positivity for approximately 5 years presented in December 2018 with markedly elevated alpha-fetoprotein (AFP) levels (3597 ng/mL). Imaging revealed two nodules in liver segment VI consistent with hepatocellular carcinoma (HCC) (Figure 1), the largest measuring 31 × 50 mm. The patient was classified as

Child-Pugh A at diagnosis. He underwent two consecutive sessions of transarterial chemoembolisation (TACE) and one session of radiofrequency ablation (RFA). No adjuvant chemotherapy was administered. Following treatment, the tumour size regressed to 40 mm, and the AFP level dropped to 7.49 ng/mL. It was concluded that the patient met the Milan criteria and was therefore considered suitable for liver transplantation.¹ Cadaveric liver transplantation was performed in October 2019. Pathological evaluation

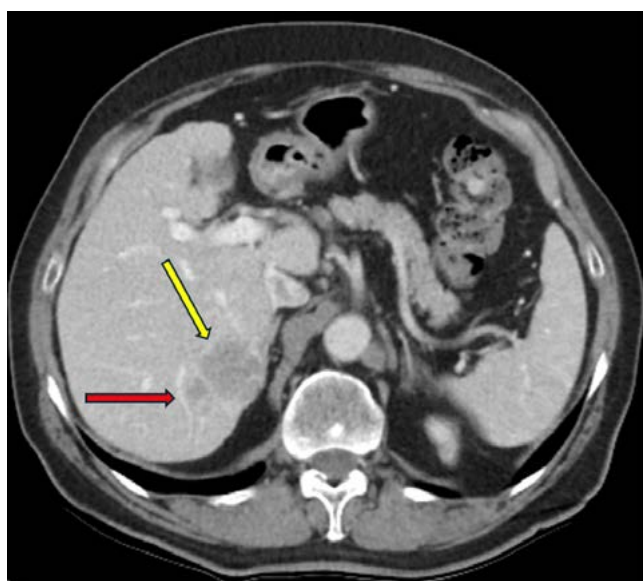


Figure 1: Pre-transplant liver CT: contrast-enhanced axial CT shows two hypodense lesions in hepatic segment VI, consistent with HCC. The dominant lesion is indicated with a yellow arrow, and the smaller adjacent lesion is indicated with a red arrow



Figure 2: Splenic recurrence of HCC after liver transplantation: contrast-enhanced axial CT shows a splenic mass consistent with recurrent HCC. The lesion is indicated with a yellow arrow

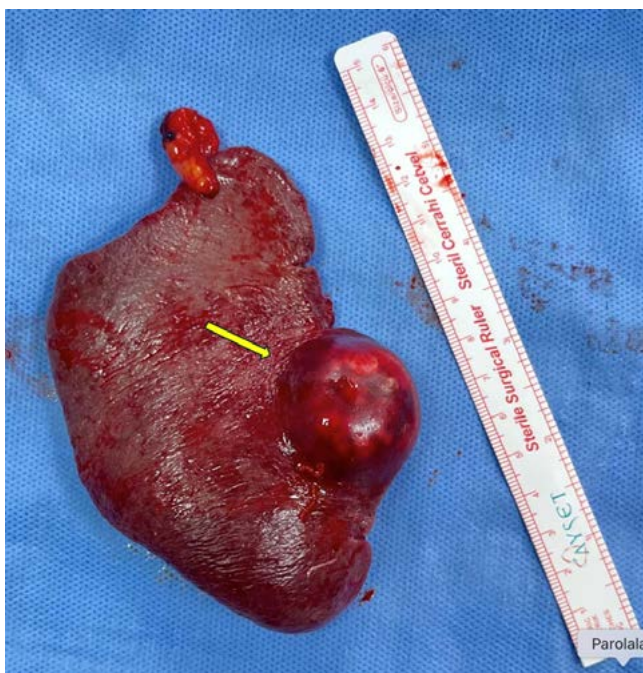


Figure 3: Perioperative macroscopic appearance of the spleen: a metastatic HCC focus in the spleen following splenectomy is indicated with a yellow arrow

of the explanted liver revealed extensive necrosis related to TACE, with no viable tumour foci. Post-transplant immunosuppression included mycophenolate mofetil and everolimus. The patient's AFP levels remained within physiological limits during follow-up. At his routine follow-up in April 2025, 66 months post-transplant, the patient presented with an elevated AFP level of 433 ng/mL (reference range < 10 ng/mL). Abdominal computed tomography (CT) imaging revealed a 40 × 35 mm mass in the spleen (Figure 2). At the time of diagnosis, laboratory evaluation revealed a haemoglobin level of 11.7 g/dL (reference range 13–17 g/dL), while the remaining routine biochemical parameters and coagulation profile were within normal limits. The splenic lesion was radiologically considered a recurrence of HCC, and the patient underwent splenectomy in May 2025 (Figure 3). Final histopathology confirmed a 3 × 3 × 2.7 cm metastatic HCC lesion. No intraoperative or postoperative complications occurred, and the patient was discharged uneventfully. At the 6-month follow-up, the patient remained clinically stable and continued surveillance with serial AFP measurements and imaging, with no evidence of further recurrence.

Discussion

HCC is the most common primary liver cancer and is among the important causes of mortality due to cancer according to World Health Organization (WHO) data.² Curative treatment options for HCC include liver resection and liver transplantation (LT). Five-year overall survival rates after LT can reach up to 70%. Despite strict selection criteria for transplantation, relapse of disease after transplantation is observed in 6–20% of cases.³ Compared to tumour resection, LT, particularly in patients with cirrhosis, is associated with lower recurrence rates.⁴ Most recurrences develop within two years post-transplant and are defined as early recurrences. Intrahepatic recurrence is more common,

whereas extrahepatic recurrences primarily involve the lungs, lymph nodes, bones, and adrenal glands.^{3,5} Late recurrences developing thereafter are much rarer.⁵ Post-transplantation splenic metastases of HCC have been rarely observed.

With improved survival following treatment and advances in patient monitoring and management, extrahepatic metastases have gained increasing clinical significance. Due to differing approaches regarding the treatment and follow-up of HCC recurrence after LT, these cases are generally managed similarly to non-transplanted patients.⁵

In selected patients with limited and resectable extrahepatic metastases, surgical resection may be considered as a treatment option.⁶ In addition, systemic therapies as well as locoregional modalities such as RFA and TACE may be used.⁷ Given the heterogeneous nature of HCC recurrences, a multidisciplinary and patient-specific approach is considered the most appropriate strategy. Prognosis has been reported to be better in patients with resectable recurrences compared with those with unresectable disease.⁸ Nevertheless, overall survival remains poor in patients who develop HCC recurrence after LT.⁹

Isolated splenic metastasis of HCC is exceedingly rare and is typically encountered as part of disseminated haematogenous spread involving multiple organs. Isolated splenic recurrence of intra-abdominal extrahepatic HCC has previously been described by Choi et al.¹⁰ as an early recurrence in a case report. In our case, a very rare extrahepatic recurrence of HCC in the spleen was observed as late recurrence 66 months after LT. Hence, prognosis in such isolated splenic metastases remains difficult to estimate. The survival benefit of splenectomy in isolated splenic tumours of metastatic origin is currently unknown. Post-splenectomy disease control will be evaluated in the ongoing follow-up. However, aggressive management of metastatic tumours, including surgical resection, has shown better outcomes in extrahepatic metastatic HCC.⁸

In conclusion, the survival advantage of surgical resection in the treatment of isolated extrahepatic metastases of HCC, specifically splenic metastasis, remains uncertain as such cases are very rare. Surgical resection may offer a treatment option with the advantages of lower morbidity and longer-term survival in well-selected patients. Given the uncertainty surrounding the management of recurrent HCC, long-term follow-up and further evidence are needed to evaluate post-resection outcomes.


Conflicts of interest

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