



## SAJS CPD QUESTIONS

- Please submit online before 31 March 2027 -

### Factors influencing outcomes in a resource-constrained burns unit

1. Which one of the following methods of burn wound management results in lower mortality and shorter hospital stay?

- a. Early burn wound excision
- b. Delayed burn wound excision
- c. Hyperbaric oxygen treatment
- d. The use of biosynthetic skin substitutes

### Predictors of poor outcomes in intensive care unit (ICU) patients with intra-abdominal infection

2. Regarding outcomes in ICU patients with intra-abdominal infection, which factor is associated with high mortality?

- a. Patient late presentation
- b. Poor antibiotic choices
- c. Poor source control
- d. Poor patient nutritional status

### Outcomes of patients with Hirschsprung's disease post-pull-through procedure

3. According to the study findings, which of the following factors had a statistically significant ( $p < 0.05$ ) impact on the functional bowel outcomes of patients post-pull-through surgery?

- a. The age at which the patient received their first diagnosis
- b. The type of toilet facilities (inside vs. outside) available to the patient
- c. The level of disease (rectosigmoid vs. total colonic HD)
- d. None of the above

### Upper gastrointestinal endoscopy training: impact of the COVID pandemic on general surgery trainees

4. With regards to upper gastrointestinal training, how does the Joint Advisory Committee (JAG) on gastrointestinal endoscopy in the United Kingdom propose upper gastrointestinal (GI) endoscopy competency should be assessed:

- a. Trainees to perform a minimum of 500 upper GI endoscopies
- b. Direct Observation of Procedural Skills (DOPS) assessments with a minimum of 200 diagnostic procedures
- c. Simulation-based assessment: observing successful intubation of the oesophagus and the second part of the duodenum
- d. Cognitive knowledge assessment with a written examination and case-based discussions

### Gallstone pancreatitis masking malignancy: when is additional imaging warranted?

5. Regarding a 60-year-old female with a clinical and biochemical diagnosis of gallstone pancreatitis, cholelithiasis on abdominal ultrasound and no biliary dilatation, what is the most appropriate clinical approach?

- a. Delay surgery and proceed to CT scan
- b. Attribute the symptoms to symptomatic gallstones and proceed with cholecystectomy.
- c. Manage conservatively with IV fluids and analgesia
- d. Proceed to ERCP

### Spinal hydatid disease: a pressing issue

6. Which of the following is a radiological classification for hydatid cysts:

- a. Atlanta
- b. Bosniak
- c. Modic
- d. WHO-IGWE

### A rare case of laryngeal spindle cell lipoma

7. With regards to laryngeal spindle cell lipoma, which is the most common location?

- a. Glottic vocal cords
- b. Subglottic region
- c. Supraglottic region
- d. Tracheal lumen

### Evaluation of a flagship business school programme in global surgery: a cross-sectional study

8. According to the evaluation of the University of Cape Town's Executive Leadership in Global Surgery programme, what was the most frequently reported outcome by alumni following their completion of the course?

- a. They became more involved in policy or advocacy work
- b. They established a new global surgery unit at their home institution
- c. They received a promotion or took on a new leadership role
- d. They published research in a peer-reviewed journal

### Outcomes and prognostic factors of secondary and tertiary peritonitis in an ICU: a prospective analysis

9. According to the prospective analysis of ICU patients with secondary and tertiary peritonitis, which of the following was identified as the most common cause of intra-abdominal infection?

- a. Perforated appendicitis
- b. Small bowel obstruction
- c. Pancreatic necrosis
- d. Gastroduodenal perforation

### Early experience with the Clavien-Dindo classification in a major trauma unit

10. Regarding the Clavien-Dindo classification in trauma, what is the grading of an early postoperative superficial wound infection managed with dressings only?

- a. Grade I
- b. Grade II
- c. Grade IIIa
- d. Grade IIIb