



## FIP, ECPG, and the 2024 Congress – Wrapped Up

The 82<sup>nd</sup> FIP World Congress in Cape Town from 1–4 September 2024 wasn't just another pharmacy conference—it was the event of the year offering amazing opportunities to network, volunteer, and have fun, all while levelling up your professional game.

### Networking and Leadership Development: Unleash Your Potential!

If you've ever wondered how to sharpen your leadership skills and stand out in the pharmacy world, the Leadership Development Workshop (LDW) was exactly that—and more! Held right before the main event, this workshop gave early-career pharmacists, students, and scientists the tools to take charge and make things happen.

We left feeling inspired, motivated, and ready to conquer new challenges! Thinking about building your career with these kinds of workshops? Keep an eye out for our Mentorship & Beyond Webinars!



Leadership Development Workshop

### Social Events and Friends That You'll Never Forget

Who said conferences are all work and no play?

FIP 2024 was packed with social events where we got to relax and connect with young pharmacists from across the globe. As



ECPG international night

pharmacists, we are passionate about what we do! Having this time to connect outside the conference meant that we got to share what excites us – passions, frustrations, and shared ideas!

These events ranged from the International Student Night on Sunday, where we shared stories and cultures, to the Sunday South African Night at Mojo Market (hello karaoke!), the atmosphere was electric – our international guests got to taste a bit of South Africa and what we have to offer. Tuesday's Early Career Social Night brought us even closer, with bingo, dancing, and lifelong friendships made over delicious food and great conversation.

### Volunteering: Make a Difference, Have an Impact

For those wanting to roll up their sleeves and make a real difference, the humanitarian hackathon was the place to be. We tackled real-world challenges, simulating emergency responses alongside FIP and the Pharmaceutical Society of Nigeria.

Not only did we flex our problem-solving skills, but we also got a firsthand look at how pharmacists can change lives during a crisis. It was truly empowering, humbling, and inspiring!

### Ready to Join the Fun? Let's Build the 2025 South African Delegation for FIP Copenhagen!

The fun doesn't stop here. Now is the perfect time to get involved with PSSA YPG and be part of something bigger. The 2025 FIP Congress is set for Copenhagen - imagine being a part of a South African delegation!

Imagine travelling to Denmark, meeting inspiring pharmacists from around the world, and making memories that will shape your career. Whether you're into leadership, volunteering, or just building your network, this is your chance.

So, what are you waiting for? Join PSSA YPG, get involved in our events, and let's make the 2025 Congress the biggest one yet! For more info and to stay updated, follow us on social media or check out our newsletters. Let's do this!



## Let's build our YPG – We want you to be involved

PSSA member, you're already part of something incredible—the Young Pharmacists' Group (YPG)!

The best part? If you're under 35 or graduated within the last five years, you're automatically a YPG member. It's time to get involved, make your voice heard, and help us grow our YPG community.

YPG is all about collaboration and giving back. Whether you're passionate about pharmacy-related volunteering or want to help, we want to hear from you! Have you been involved in any pharmacy volunteering activities recently? Share your experiences with us—we'd love to highlight your contributions and inspire others to make a difference.

We also want to connect with you on social media! Tag us in your posts to share your pharmacy journey, volunteering efforts, or

event highlights. Let's show the world what young pharmacists are achieving and create a network of support and inspiration.

We'd love to collaborate if you're organising an event or part of a student pharmacy society! Reach out to us to partner on events or projects that can benefit our pharmacy community. Whether it's a local workshop, a national conference, or student-led activities, we're excited to work with you and support your efforts.

Let's keep the momentum going—join in, share your experiences, and help shape the future of pharmacy!

You can always reach us at [ypg@pssa.org.za](mailto:ypg@pssa.org.za) or follow us on social media for updates and opportunities. Together, we can build a stronger, more connected YPG!

**Feel free to reach out to us at**

**Email: [ypg@pssa.org.za](mailto:ypg@pssa.org.za)**

**Facebook: Young Pharmacists' Group of PSSA**

**Instagram: @pssaypg**

***Young pharmacists – connected, engaged, empowered and inspired!***