



## 2023 in Reflection – Celebrating milestones, navigating challenges, and empowering Young Pharmacists for a dynamic future

### 1. PSSA YPG appoints its first ever Subcommittee!

The PSSA YPG, through the leadership of the Steering Committee, appointed its first ever Subcommittee in October 2023. These members are actively involved in the expansion of the PSSA. The subcommittee functions as a mechanism to increase the reach, interest and active participation in matters of the profession by young pharmacists nationwide.

- A. Chair Subcommittee – This subcommittee consists of sector and provincial liaisons. The members of this subcommittee play a vital role of representing, building beneficial relationships, and collaboration with sectors and provincial branches of the PSSA.
- B. Project Subcommittee – The PSSA YPG's projects are planned and implemented by this subcommittee. These projects cater to the development and growth of pharmacist interns, community service pharmacists and post-community service pharmacists.
- C. Public Relations Subcommittee – This subcommittee is mainly responsible for coordinating the communication from the YPG to the members through the PSSA YPG's social media platforms, the SAPJ and newsletters.

For more information on the young pharmacists that are on the subcommittees check our social media pages.

### 2. Pharmacy Students' Corner: Preparing for Internship Webinar

The PSSA YPG historically hosted successful webinars that addressed young pharmacists and assisted them in their journey and this year was no different. The YPG hosted an internship readiness webinar on 14 November 2023. The guest speakers included PSSA's Dr Mariet Eksteen, Nathan van Wyk, a 2023 CSP, Thandeka Njapha, the SAAHIP KZN Coastal Chairperson and KZNDoh Depot manager and Luyanda Khumalo, the PSSA YPG Project Coordinator. Over 75 pharmacy students attended and were provided with crucial information regarding their internship year, challenges they may encounter, CPDs, the PSSA's support and much more!

## Navigating the future – 2024, a year of growth and innovation for Young Pharmacists

The PSSA YPG is looking forward to the New Year with excitement. We will be launching more stimulating projects for South African young pharmacists to engage with, whilst striving to elevate those that are currently running.

### 1. Mentorship Programme

The PSSA YPG Mentorship Programme aims to grow the next generation of young leaders in the pharmacy profession. It allows the Society to have its members guide the professional and personal development of young pharmacists. The 2024 cycle will focus on developing competent young pharmacists that can contribute to the growth and advancement of the profession.

### 2. International Pharmaceutical Federation (FIP) Cape Town 2024

The 82nd FIP World Congress of Pharmacy and Pharmaceutical Sciences will be hosted at the Cape Town International Convention Centre (CTICC), from 1 to 4 September under the theme "Innovating for the future of healthcare". The PSSA YPG encourages young

pharmacists to start planning early to attend this congress. Young pharmacists can look forward to remarkable presentations, social events, and networking opportunities with some of the world's best pharmacists. Refer to Newsletter #10 (2023) for more details on the PSSA YPG's attendance package.

### **3. PSSA YPG Celebrates its 10 Year Anniversary**

The PSSA YPG will be celebrating its 10-year anniversary in 2024 and we will be reflecting on some of the major accomplishments over the past decade. There are many more exciting projects and updates that are coming up and we encourage all members to follow our social media pages for more details.

**Feel free to reach out to us at**

**Email: [ypg@pssa.org.za](mailto:ypg@pssa.org.za)**

**Facebook: [Young Pharmacists' Group of PSSA](#)**

**Instagram: [@pssaypg](#)**

***Young pharmacists – connected, engaged, empowered and inspired!***